# Sacral pressure ulcer prevention guide

## Patient selection criteria

- Criteria to be specified by facility clinician

## Mepilex® Border Sacrum application

### Prophylaxis & Stage 1 ulcers

- Daily assessment under the dressing and document.
- Peel dressing back, assess & reapply. Ensure the border of the dressing is smooth with no wrinkles.
- Document on the Wound Assessment Form.
- Remove and replace dressing after 3 days.
- Replace if the patient is still at risk.

### Pressure ulcer Stage 2 & over

- Treat as a wound.
- Document on Wound Assessment Form.

## References:

C. Tod Brindle, BSN, RN, ET, CWDCN, CLIN IV, Virginia Commonwealth University Health System, Richmond, VA. Case study on: Use of an Absorbent Soft Silicone Self-Adherent Borderered Foam Dressing to Decrease Sacral Pressure Ulcers in the Surgical Trauma ICU. Poster designed by Theresa Winston, Nurse Practitioner, Wound Care and Stomal Therapy, Fraser Coast Health.

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