

Your guide to implementation

Pressure Ulcer Prevention and Quality Improvement Programmes

Simplified implementation

In implementing a complete pressure ulcer prevention solution, many stakeholders and change management are involved – especially in changing protocols and educating all the staff.

Mölnlycke can help guide you through the steps and some of the key considerations and activities throughout the process. Through this material, we provide you with key tools that can help you throughout the implementation.

The 5 steps in this process are:

- ✓ Audit your facility
- ✓ Set the strategy
- ✓ Train the staff
- ✓ Implementation
- ✓ Monitor the results

Implementing a PUP program takes time and effort, but what is the first step?

Fully implementing a PUP bundle can be quite a big change which requires introducing new protocols, products, and tools. Our primary goal is to help facilities address the challenges involved in the process.

The three factors below are the key to successfully implementing a PUP program in a facility:

- Become the champion with the drive and ambition to make change happen at your facility.
- Work with leadership to prioritise PUP on the agenda by aligning it with your facility's vision.
- Ensure that you have the data necessary to assess the current situation and set clear goals for the PUP program.

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Auditing your facility

A solid PUP strategy starts with a thorough needs assessment. You can work together with your Mölnlycke representative to help guide you through performing this assessment, which may cover the following topics:

- **The PUP strategy and PUP Bundle review**
- **PUP Quality Improvement Opportunities**
- **HAPU Data Management**
- **The Educational Needs**
- **The Goals for your PUP program**
- **Accountability: who are the key contacts accountable for the process and patient outcomes?**

*The following pages contain a sample needs assessment form.

The outcome of the needs assessment should be to summarize the current and desired situation.

Your local Mölnlycke representatives can help your clinical team generate an executive summary. Your summary's objective is to highlight the findings of the needs assessment and help provide recommendations on how to proceed.

The executive summary should include key observations and opportunities regarding:

- ✓ **PUP protocols**
- ✓ **PUP education**
- ✓ **PUP data & reporting**
- ✓ **Surgical initiatives**
- ✓ **Patient positioning**
- ✓ **Emergency department**
- ✓ **Physician engagement**



Setting the strategy

Creating the bundle

Effective pressure ulcer prevention requires the right bundle based on your facility's current situation and agreed goals.

In accordance with the NPUAP / EPUAP international guidelines, a PUP bundle should include the following elements:

- ✓ Risk assessment
- ✓ Skin assessment
- ✓ Pressure redistribution
- ✓ Shear reduction
- ✓ Friction reduction
- ✓ Microclimate management
- ✓ Nutrition

A PUP program will not be fully implemented until all of the above interventions are being used for the right patients, by all staff within the facility.

Start small, then expand the program

A gradual approach is advised when it comes to implementing a PUP program in different hospital departments.

A PUP program's main target is to protect patients with the highest risk of developing a pressure ulcer. A recommended approach to prioritizing these patients is to conduct your audit by department, based on patient mobility and other risk factors. In order of priority, the below may be a strategy for your implementation roll out:

Priority 1 Intensive care unit

Priority 2 Operating room

Priority 3 Emergency department

Priority 4 General units and special procedures

*Keep in mind that each department will require continuous efforts and education since many roles and several shifts work with the same patients.



Planning the education

Introducing new protocols and tools require extensive education/product training.

It's important to base the education on your facility's needs as assessed in the audit phase.

In order to reach all staff and shifts, your participation will be crucial. For clarity, it is recommended that you are also the point person providing feedback on the progress and potential knowledge gaps that were missed in the assessment.

Make sure you properly evaluate how much effort will be required throughout the implementation so that you can create a solid, tailored education plan for the facility.

*You can always access our on-demand education assets such as the application videos, online learning modules, etc.

Building the team

Cooperation and communication across the facility and functions are key to success.

With all the different roles, departments, and shifts involved, communication must be maintained across the continuum.

To achieve this, you or your chosen champions need to establish teams with key roles within the

facility. Remember that this kind of work takes time. Be patient!

Dedication to change for the better is the unifying characteristic one must look for when identifying the members of the PUP team. Together, a committed team can lower the incidence rates significantly.

Ensuring consistency of care

Consistency of care is crucial in order to achieve sustainable change.

To achieve this we need to enable deep conversations about pressure ulcer prevention protocols and compliance within the facility.

But we need to remember that consistency of care is not just about having protocols, but making sure everyone follows the protocols, for every patient, every time.

For more pointers, check out the webinar **'How to implement an effective Pressure Ulcer Prevention programme'** – where experts Sue Creehan and Peggy Kalowes guide you through the process of adapting effective practices within a complex environment and ensuring consistency in care.

<https://www.molnlycke.com/news/events/PUPwebinars/>



Training the staff

Training is an important step to make sure everyone has the knowledge needed for effective prevention. Mölnlycke offers a wide range of options to help you train your staff effectively. Below are some examples that you can use

during this process. Please feel free to contact your Mölnlycke representative to ensure you have all the resources you need during this process.

Educational on-demand assets

Application / How to use it	Instructional brochures and videos showing how to use our prevention products
Whiteboard videos	Easily comprehensible introduction videos promoting awareness of what causes pressure ulcers and how they can be avoided
PUP webinar series	Free webinars by international leaders within PUP. Available on-demand
Online education	4 eLearnings covering the aetiology and PUP best practices according to consensus and leading guidelines
Connect 2 know	12 accredited (US only) prevention modules available on-demand



Implementation

Implementation checklist (include form)

Achieving change and consistency of care across a facility is a challenge. But the implementation

checklist will support you throughout the implementation. As early as the planning phase, you can use it as support.

Here are examples of key questions that must be addressed during the implementation.

I. Prep work

- a. Do we have the data we need, is it shared with all staff?
- b. Is the staff aware of the coming change?

II. Product determination

- a. Have we decided which products to use and where?

III. Product application

- a. Who will apply the dressings and position patients?

IV. Pre-education preparation

- a. Who will educate the staff?
- b. Does the patient/family need to be informed?

V. Documentation

- a. Who is responsible for documentation?
- b. Evaluation (where and who)?

VI. Education

- a. Roles and responsibilities
- b. In-servicing and product training
- c. Physician education
- d. Guidelines and documentation
- e. Patient / family education



Monitoring

Monitor: The importance of data

You need to know the numbers to demonstrate value.

Be sure to secure the baseline data and then continuously track incidence / prevalence across all parts of the facility involved in the PUP program. Mölnlycke has several tools available that can help you do this. You need to decide what works for the facility and make sure you are following all regulations regarding patient data.

As the incidence goes down, you can demonstrate the overall cost savings the PUP program has generated.

- 1. A PUP implementation example (chart, see PPT)**
- 2. Track your progress: Tools and Methods for Pressure Ulcer Prevention by Joyce Black**





Together, our learnings
and tools provide crucial
support for every step
of your pressure ulcer
prevention programme.

Proving it every day

At Mölnlycke®, we deliver innovative solutions for managing wounds, improving surgical safety and efficiency, and preventing pressure ulcers. Solutions that help achieve better outcomes and are backed by clinical and health-economics evidence.

In everything we do, we are guided by a single purpose: to help healthcare professionals perform at their best. And we're committed to proving it every day.

Find out more at www.molnlycke.com

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