Doffing guide

Doffing of contaminated surgical gown and gloves

A. Start by doffing the first overglove turning it inside out.
B. Repeat with your second overglove. Dispose of the gloves.
C. Grab the gown by the waist area.
D. Pull the gown away from your body to break the ties. If reusable gown – untie the surgical gown with help from a colleague.
E. Touching only the outside of the gown with your gloved hands, bring the neck and the sleeves of the gown forward.
F. Keeping arms and gown away from your body, roll it into a bundle. Dispose of the gown.
G. Remove your first underglove by pulling it by the cuff area with your gloved hand. Bundle it into your gloved hand.
H. Remove the last glove, touching only the inside of the glove.
I. Dispose of the gloves and disinfect your hands.

Find out more at www.molnlycke.com

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