

# Skin Tone I.D.™ by Mölnlycke®

How to use guide

It helps you to identify your patients' baseline skin tone, document changes over time, and act on any concerns.



## 1. Identify your patients baseline skin tone

- Choose an unaffected skin area (e.g. inner arm area).
- Place the Skin Tone I.D.™ next to the skin and match it to the closest tone (e.g., 9B; range 1-10, A-B-C).
- Document the number and letter.

## 2. Define and document

- Place Skin Tone I.D.™ tool next to area of concern and select closest match (e.g., B4)
- Is there a difference with the baseline tone?
- Document in the patients notes (e.g., "9B has become 9C per Skin Tone I.D.™ tool"; include date/time).

## 3. Assess further if you identify any change

- **Look/touch:** is the skin darker, lighter, shiny, or swollen?
- **Temperature:** is it warmer or cooler?
- **Texture:** does it feel spongy or firm?
- **Symptoms:** is there pain, itching, or a change in sensation?

### Before and after use

Wipe the Skin Tone I.D.™ with a disinfectant wipe (according to local infection guidelines).

### Monitor changes over time

Reassess the skin tone at every visit.

- Compare it to the baseline and the most recent documented skin tone (e.g., 9C).
- Document the skin tone change and assess further if needed.

Find out more at [molnlycke.com](https://molnlycke.com)

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