

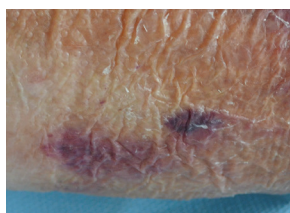
Mölnlycke® product solutions

Prevention & Treatment of Skin Tears

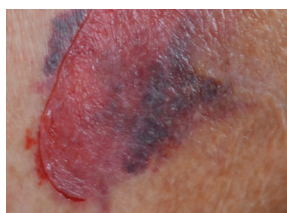
When skin tears occur, it is important to choose wound care products that will optimise wound healing while minimising the risk of further skin damage.

▶ Wound type¹

Skin at risk
Mature skin is more vulnerable and prone to skin tears.



Type 1: No skin loss
Linear or flap tear that can be repositioned to cover the wound bed.



Type 2: Partial flap loss
Partial flap loss that cannot be repositioned to cover the wound bed.



Type 3: Total flap loss
Total flap loss exposing the entire wound bed.



▶ Wound Cleansing and Debridement



Appropriate debridement in combination with cleansing with **Granudacyn®** or according to your facility protocol.

▶ Suggested product

Epiderm® Cream or Epiderm Ointment

Mepitel® One[‡]
+ Mesorb®
+ Fixation

Mepitel One[‡]
+ Mesorb
+ Fixation

Mepilex® Border Flex (No fixation required)[‡]

or

Mepilex Border Flex[‡]
(No fixation required)

Mepilex Border Ag[‡]
(No fixation required)

Mepilex Border Ag[‡]
(No fixation required)

▶ Bacterial imbalance/infected

▶ Fixation

Tubifast®

Tubifast

▶ Management tips

Avoid soaps that dry the skin. Moisturise skin with emollients twice a day². Use products that are fragrance-free and hypoallergenic.

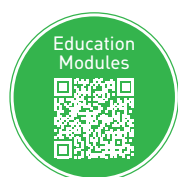
Approximate the wound edges using a moistened cotton tip. Mepitel One should remain in place for at least five days. The absorbent dressing over Mepitel One should be changed as required, leaving Mepitel One in place. Change Mepitel One when complete re-epithelialisation has occurred.

Mepitel One is indicated for up to 14 days³.

Mepilex Border Ag / Mepilex Border Flex may be left in place for up to 7 days depending on the patient, condition of the wound and surrounding skin, or as indicated by the clinical practice^{4,5}.

[‡] Dressings with Safetac®

Education Offering



ISTAP does NOT recommend the following products: adhesive closure strips, iodine-based dressings, hydrocolloids and transparent adhesive films, due to the risk of skin stripping¹.

These contents are available exclusively for healthcare professionals. Please log in using either your **APHRA registration number** or the following code **1FtYrV**.

REFERENCES: 1. Leblanc K. et al. Best practice recommendations for the prevention and management of skin tears in the aged skin. Wounds International, 2018. 2. Carville K, Leslie G., Osseiran-Moisson R. et al. The effectiveness of a twice-daily skin-moisturising regimen for reducing the incidence of skin tears. International Wound Journal, 2014. 3. Brolmann F.E. et al Randomized clinical trial of donor-site wound dressings after split-skin grafting. British Journal of Surgery, 2013. 4. Mepilex Border Ag Instructions for Use. 5. Mepilex Border Flex Instructions for Use. 6. Moncrieff G., Cork M., Lawton S., Kokiet S., Daly C., Clark C. Use of emollients in dry skin conditions; Consensus statement. Clinical and Experimental Dermatology, 2013; 38(3):231-8. 7. David F. et al. A randomised, controlled, non-inferiority trial comparing the performance of a soft silicone-coated wound contact layer (Mepitel One) with a lipidocolloid wound contact layer (UrgoTul) in the treatment of acute wounds. International Wound Journal, 2017. 8. White R., A Multinational survey of the assessment of pain when removing dressings. Wounds UK 2008; Vol 4, No 1. 9. Mölnlycke Health Care. Mepilex® Border Flex – Conformability. Report no. PD-528870. Data on file. 10. External lab report: NAMS 09C 29253 01/09C 29253 02. Data on file.

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ORDERING INFORMATION

Skin at risk

Epaderm® Cream / Epaderm® Ointment



The application of moisturiser twice daily reduced the incidence of skin tears by 50%².

Product Code	Size	Pcs/Box
Epaderm Cream		
99400851	50g	1
99400850	500g	1
Epaderm Ointment		
99400847	500g	1
99400818	1kg	1

*Other sizes are available

- For the management of dry skin conditions, mild eczema and mild psoriasis
- Formulated with clinically proven ingredients that moisturises and softens the skin⁶
- Free from perfume, fragrances, colouring, steroids and sodium lauryl sulfate (SLS)
- Can be used as a skin cleanser

Cleansing

Granudaycn®



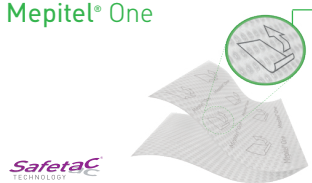
Product Code	Size	Pcs/Box
3601017	50g gel	1
3601018	100g spray gel	1
360150	50ml spray	1
360100	250ml spray	1

*Other sizes are available

- Wound irrigation solution and gel for cleansing and moisturising acute, chronic and contaminated skin tears

Primary Dressing

Mepitel® One



Direction of removal symbol

Product Code	Size	Pcs/Box
289170	6cm x 7cm	5
289270	9cm x 10cm	5
289470	13cm x 15cm	5

*Other sizes are available

- Highly transparent, soft silicone net, with Safetac® on one side
- Minimises pain and trauma at dressing changes⁷
- Can remain in place for up to 14 days to ensure undisturbed wound healing²
- Requires secondary absorbent dressing and fixation

Secondary Dressing + Fixation

Mesorb®



Product Code	Size	Pcs/Box
677001	10cm x 13cm	50
677201	13cm x 15cm	50
677401	10cm x 23cm	50

*Other sizes are available

- Soft, highly absorbent dressing
- Fluid-repellent strike-through barrier prevents leakage of exudate
- Requires fixation

Tubifast® Two Way Stretch®



Product Code	Size	Pcs/Box
2436	GREEN 5cm x 10m	1
2438	BLUE 7.5cm x 10m	1

*Other sizes are available

- Tubular elastic bandage with 2-Way Stretch® Technology
- Holds dressings securely, without constriction or compression
- Colour-coded sizing guide for quick reference
- Cut to size

All-in-one dressings

Mepilex® Border Flex



Product Code	Size	Pcs/Box
595211	7.5cm x 7.5cm	10
595311	10cm x 10cm	10
595011	12.5cm x 12.5cm	10
595411	15cm x 15cm	10



*Other sizes are available

- Flexible shower-proof all-in-one dressing
- Minimises pain and damage at dressing changes⁸
- For moderately to highly exuding wounds
- Proprietary Flex Technology (Y-shaped Flex cuts) enables 360° stretch for improved stay-on-ability and conformability⁹
- The Exudate Progress Monitor on the semi-transparent backing film helps track and record fluid without disturbing the wound

Mepilex® Border Ag



Product Code	Size	Pcs/Box
395200	7.5cm x 7.5cm	5
395300	10cm x 10cm	5
395400	15cm x 15cm	5

*Other sizes are available

- Antimicrobial, shower-proof, all-in-one dressing⁸
- Minimises pain and damage at dressing changes
- For moderately to highly exuding wounds
- Combines excellent exudate management properties with effective antimicrobial action¹⁰