

# One More Day!

## Rethink Dressing Change Decisions

### The problem:

85% of dressing changes are routine - not clinically required<sup>^</sup>

### The solution:

One More Day is a structured, targeted approach that **appropriately extends dressing wear time without compromising wound-healing outcomes.**



If it is clinically appropriate to leave the dressing on for just one more day, it can reduce unnecessary dressing changes while still **maintaining optimal healing conditions**<sup>^</sup>.

Designed to optimise clinical value, streamline nursing workflows and **reduce the costs of consumables.**



### Indications **not** to change the dressing

- Wound is healing (healthy granulation)
- Exudate controlled (not touching 3 sides)
- Dressing intact, no leakage
- No infection or complications
- Periwound skin stable

### Indications **to** change the dressing

- Dressing saturated when exudate is touching 3 sides
- Leakage or poor adhesion
- Signs of infection
- Increased pain or clinical need



### Clinical mindset

Ask: Is the wound healing? Is the dressing performing?

Are there clinical reasons to change? If not—leave it for **ONE MORE DAY.**

**Your time is valuable! Support undisturbed wound healing.**

**References:** 1. Blackburn J, Stephenson J, Atkin L, Southern T, Ousey K. Exploring and understanding challenges in clinical practice: Appropriate dressing wear time. Wounds UK. 2018;14(5):56–64. 2. Roldan Valenzuela A, Galindo Cantillo V, Lopez Casanova FB, Ordonez Ferrer SM, Hernandez Palanco LF, Berjano Rodriguez A, et al. A wound dressing shows its value: clinical and economic effects of a dressing regime change for primary and home care chronic wound management [e-poster]. Presented at: European Wound Management Association (EWMA) Conference; 2025 Mar 26–28; Barcelona, Spain. E-poster ID: ENG843.

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