

Skin Tone Wheel

How to use guide

It helps you to record your patients' baseline skin tone, track changes over time, and act on any concerns.



1. Define your patients baseline skin tone

- Choose an unaffected skin area (e.g. inner arm area to get accurate baseline).
- Place the Skin tone wheel next to the skin and match it to the closest tone (e.g., 9B; range 1-10, A-B-C).
- Document the number and letter.

2. Define the skin tone in the surrounding skin of the wound

- Place the Skin tone wheel next to the skin around the wound and compare with the baseline.
- Is there a difference? Document in the patients notes (e.g., 9B has become 9C).

3. Assess further if you identify any change

- Look/feel: is the skin darker, lighter, shiny, or swollen?
- Temperature: is it warmer or cooler?
- Texture: does it feel spongy or firm?
- Symptoms: is there pain, itching, or a change in sensation?

Before and after use, wipe the Skin tone wheel with a disinfectant wipe (according to local infection guidelines).

Monitor changes over time

Reassess the skin tone around the wound at every visit. Compare with the baseline and the last documented skin tone (e.g., 9C).

- Is the skin tone darker or moving closer to the baseline? Document the skin tone change and assess further if needed.

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