

# Skin Tone I.D.™ by Mölnlycke®

How to use guide

It helps you to identify your patients' baseline skin tone, document changes over time, and act on any concerns.



## 1. Identify your patients baseline skin tone

- Use natural light.
- Select an unaffected skin area (such as the palm or behind the ear), place the Skin Tone I.D.™ tool next to the skin, and choose the closest match by comparing all available shades (1-10, A-B-C) to establish the baseline tone (e.g., A1).

## 2. Define and document

- Place Skin Tone I.D.™ tool next to area of concern and select closest match (e.g., B4) by comparing all shades (1-10, A-B-C).
- Check for noticeable differences and document in chart (e.g., "Sacral area is A4 per Skin Tone I.D.™ tool"; include date/time).

## 3. Assess further if you identify any change and document

- **Look/Feel/Touch:** Is the skin darker, lighter, shiny, or swollen?
- **Temperature:** Does it feel warmer or cooler?
- **Texture:** Is the skin spongy or firm?
- **Symptoms:** Is there pain, itching, or a change in sensation?

### Before and after use:

Clean the Skin Tone I.D.™ tool with a disinfectant wipe in accordance with local infection control guidelines. If tool is worn or damaged, please use a new tool.

### Monitor changes over time

Reassess the skin tone in during skin assessment. Compare it to the baseline and the most recent documented skin tone (e.g., C9).

- Document the skin tone change and assess further if needed.

Find out more at [molnlycke.com/en-us/](https://molnlycke.com/en-us/)

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